

# "Substance Use Challenges in Psychotherapy Practice"

By: Paul Hunziker, MA, LMFT, MAC, CDP

**Description:** Statistics from 2016 show that only one in eight people who meet criteria for a substance use disorder will get formal addictions treatment. The Substance Abuse and Mental Health Services Administration (SAMHSA) has recognized this problem and is working to address it. However there are many clients with substance use problems who end up in psychotherapy and refuse to get formal addiction treatment. To make matters worse progress in psychotherapy can be difficult or nearly impossible unless the substance use is addressed. This training is designed to help psychotherapy practitioners improve in identifying substance use problems in clients and find effective ways to address these issues.

## Learning Objectives:

1. Review the current state of science with regards to substance use problems and the prevalence of the issues in psychotherapy practice.
  2. Familiarize participants with available screening and assessment tools which can help assist therapists in identifying substance use problems.
  3. Discuss current evidence based practices and how they are similar to current psychotherapy practices.
  4. Practice utilizing skills in working with clients with substance use challenges.
- About the Presenter:** Paul Hunziker MA, LMFT, CDP is the clinical director and owner of Family Therapy and Recovery P.S. which is a Washington State Certified Outpatient Behavioral Health treatment center located in Renton. Paul is a Licensed Marriage and Family Therapist and has a Masters in Addiction Counseling Certificate. He has been studying MI since 2007 and was inducted into the Motivational interviewing Network of Trainers (MINT) in October 2014. Paul has a background in experiential education and looks to create trainings which engage participants through multiple learning styles.

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March 29, 2018

Renton, WA

8:30 am registration

9am till 4:30pm Workshop

Registration:

Name: \_\_\_\_\_

Profession: \_\_\_\_\_

Address: \_\_\_\_\_

Address Line 2: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home/Cell: \_\_\_\_\_

Work: \_\_\_\_\_

Email: \_\_\_\_\_

**Cost: \$ 150 Standard**

**Early Bird (3 weeks prior to event) and**

**Student Discount: \$125**

Online: Email registration info to [adminm@familytherapyrecovery.com](mailto:adminm@familytherapyrecovery.com) and send payment via mail or follow credit card instructions below.

Payment methods:

Checks Via Mail: Address Family Therapy & Recovery P.S. at 15 S. Grady Way, Ste 249 Renton, WA 98057

Credit Cards can taken over the phone or Online through PayPal via [www.familytherapyrecovery.com](http://www.familytherapyrecovery.com). Click the "make a payment" tab.

If you have questions call (253) 220-9452 or email [adminm@familytherapyrecovery.com](mailto:adminm@familytherapyrecovery.com)